

Depression Inventory

Name:

Please circle any of these that apply or have applied in the past month.

1. I feel sad more than usual
2. I don't have much to look forward to
3. I feel like I have failed more than most people
4. I do not enjoy things as much as I used to
5. I feel disappointed in myself
6. I am critical of myself much of the time
7. I have thoughts of hurting or killing myself
8. I cry more than usual
9. I am more irritable than usual
10. I do not want to be around others as much as I used to
11. I am having trouble making decisions
12. I am having trouble concentrating
13. I feel less motivated than usual
14. I am having trouble sleeping
15. I feel numb some of the time
16. I feel more tired than usual
17. My appetite has changed
18. I am more worried than usual
19. I have less interest in sex than usual
20. I am more sensitive than usual
21. It is hard for me to have fun
22. I have memory problems
23. I dislike weekends and holidays